

Learning at home one-pager: School age (7-10 years)

Every day

- Homework at the same time and place, with you nearby.
- Study by quizzing: cover it, recall it, check it.
- Practice a little on several days, not all at once.
- Read for fun every day, from books your child chooses.
- Ask what your child learned, not only what they scored.
- Sleep: 9-12 hours a day.

Things to talk about

"What did you try? What could you try next?"

"Close the book. What can you remember?"

"Which subject do you want to start with?"

"You found a better way to do that."

Go easy on

- Doing homework for your child or fixing every mistake.
- "You're so smart" as your main praise.
- Paying for reading or for things your child already enjoys.
- Screens and phones close to bedtime.